

# ELECTRICAL SHOCK AND ARC FLASH LEVEL 1 & 2 P.P.E.

1. Arc-rated  
Long-sleeve  
shirt & pant or  
coverall (= or >  
8 cal/cm<sup>2</sup>)

2. Arc-rated  
class2 balaclava  
& face shield  
with "E" rated  
hardhat

3. Z-87.1 safety  
glasses and  
hearing plugs  
NRR 33 or >

4. Class 00  
(<500V) or 0  
(<1000V) rated  
rubber gloves  
under  
protective  
leather gloves

5. covered  
steel toe shoe  
or e-rated sole  
type shoe.

